



# TEAM IOWA SEASON 1

**Season 1 - April 4 through July 24**

7v7 & Lineman opportunity with 12 practices and 4 tournaments  
for 10U, 12U and 14U

7v7 \$300 per player

Lineman \$250 per player

Fees include uniform, soft helmet and tournament fees

Teams will consist of 11-14 players for maximum playing time. Players do not need to attend every practice or tournament to participate. Players will be coached by Team IOWA staff.

## **Questions?**

Please contact Team IOWA Director

Mike Thomas

mthomas536@msn.com

515-528-6588

teamiowafootball.com

## **Practices:**

All practices are non-padded

6-7:30 pm @ Tiger Field (3650 Woodland Ave. WDM, IA 50265)

April 3, 10, 24    May 1, 8, 23, 30    June 5, 12, 19    July 10 & 17

(no practice July 3)

## **Tournaments:**

April 16 - Des Moines tournament

May 15 - Des Moines tournament (Lineman included)

June 26 - Games with Omaha teams @ Tiger field 12 pm-7 pm (Lineman included)

July 24 - Des Moines tournament (Lineman included)

